

# BE STRONG – Hashkiveinu

Words: Evening liturgy      Music: Susan Colin and folk melody © 2010

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Haskiveinu, Adonai Eloheinu l'shalom  
V'haamideinu shomreinu l'chayim  
Ufros alienu sukat, sukat sh'lomecha  
Yai dai dai dai

V'takneinu b'eitzah tova milfanecha  
V'hoshieinu l'maan sh'mecha  
V'hagein ba'adeinu

V'haseir mei-aleinu  
V'haseir mei-aleinu oyeiv,  
Dever, v'cherev, v'raav, v'yagon  
V'harcheik mimenu avon vafesha  
Uv'tzeil k'nafecha tastireinu  
Ki El shomreinu umatzeinu atah,  
Ki El chanun v'rachum atah.

Ushmor tzeteinu uvo-einu l'chayim ul'shalom  
Mei-ata v'ad olam, mei-ata v'ad olam

Baruch ata Adonai, haporeis sukat shalom aleinu  
V'al kol amo Yisrael v'al Yerushalayim

*Grant, O God, that we lie down in peace, and raise us up,  
O Guardian, to life renewed. Spread over us the shelter of  
Your peace. Guide us with Your good counsel; for Your  
Name's sake, be our help. Shield and shelter us beneath  
the shadow of Your wings. Defend us against enemies,  
illness, war, famine and sorrow. Distance us from wrongdoing.  
For You, God, watch over us and deliver us. For You, God,  
are gracious and merciful. Guard our going and coming,  
to life and to peace, now and forever. Blessed are You,  
Adonai, Guardian of Israel, whose shelter of peace is spread  
over us, over all Your people Israel, and over Jerusalem.*

