

BE STRONG – Healing Song

Words: Robin Paglia-Dennis, Susan Colin, Numbers 12:13 Music: Susan Colin © 2008

*When a loved one is suffering, the caregiver suffers too.
We all need prayers for strength and guidance.*

El na r'fa na la
El na r'fa na lo
El na r'fa na li
Restore our hearts
Restore our hearts to harmony

I see the pain written on your face
I hear the sighs that come with every move
I feel your fear that this time you might lose
I see the hurt at all that you must miss
I hear the strain in your voice
Forced to decide, not really a choice

So when I pray for you I pray for me
Breathe out the pain and sorrow
Health and blessing may we receive
May God answer prayers silent and spoken
Restore wholeness to all who are broken

El na r'fa na la
El na r'fa na lo
El na r'fa na li
Restore our hearts
Restore our hearts to harmony

Questioning why this is part of life
Wondering how it could have been instead
But answers don't come -
Heal her I pray, God, heal him I pray
Please, heal me God, I pray
Help me to be all the things I need to be
Because peace for one brings peace for two
Your suffering can't be cured with a kiss
But I'll do all that I can do
May God answer our prayers silent and spoken
Restore wholeness to all who are broken

