

BE STRONG – Mi Shebeirach

Words: Liturgy Music: Susan Colin © 2010

Mi shebeirach avoteinu
Mi shebeirach imoteinu
Avraham, Yitzchak v'Yaakov,
Sarah, Rivkah, Rachel v'Leah
Hu y'vareich et hacholim

HaKadosh Baruch Hu
Yimalei rachanim aleihem,
L'hachalimam ul'rapotam
Ul'hachazikam, ul'hachazikam
HaKadosh Baruch Hu

V'yishlach lahem m'heirah r'fuah
R'fuah shleimah
R'fuah shleimah min hashamayim,
R'fuat hanefesh ur'fuat haguf
Hashta baagala uviz'man kariv
V'nomar: Amen

*May the one who blessed our ancestors Abraham,
Isaac and Jacob, Sarah, Rebecca, Rachel and Leah
Bless and heal those who are ill. May God swiftly
send them a complete renewal of body and spirit,
complete healing from the heavens, healing of the
spirit, of the body speedily and soon,
and let us say: Amen*

