

BE STRONG – Sit Down

Words & Music: Victoria Milner © 2008

Sit down, sit down, sit down and take your rest
Surrounded by your friends you're truly blessed
Zachor v'shamor, we remember and we pray
For this joyful gift of Sabbath day

Put aside your worries and your cares
You know the price was paid, you've done your share
Zachor v'shamor, we breathe in the candlelight
Brought together on this Sabbath night

And we sing Shabbat, Shabbat, Shabbat Shalom
The peace of the Sabbath night is like coming home
Shabbat, Shabbat, Shabbat Shalom
I join my voice to yours and I'm not alone

Sit down, sit down, sit down, Shabbat Shalom

